**Môn: Tiếng Anh 7**

**Giáo trình: I-Learn Smart World**

**Tuần 8: (25/10 – 30 /10/2021)**

**Tiết 1:**

**VERB FORMS AND TENSES**

**I.VERB FORMS:**

1. can/should/ ought to + V
2. want + to-V
3. like/love + V-ing

**EX:**

1. You should **get** up early . (get)
2. She wants to buy a new car. (buy)
3. I like **playing** computer games.(play)

**II. TENSES:**

**1.The present simple tense: Thì hiện tại đơn**

**\*(V):** S **+ V/V-s/es**

**\* (not V):** S **+ don’t/ doesn’t V**

**\* (V)?:** (What/ How/…) **+ do/ does +** S **+ V…?**

**Dấu hiệu : always, sometimes, usually, often, never, every…**

**Ex:** Minh always ………………………... (go) skateboarding in the park.

**2. The Present continuous tense: Thì hiện tại tiếp diễn**

**\*(V):** S **+ is/am/are + V-ing**

**\* (not V):** S **+ am/is/are + NOT + V-ing**

**\* (V)?:** (What/ How/…) **+ is/am/are +** S **+ V-ing…?**

**Dấu hiệu : now, at present, at the moment, Look!, Listen!..**

**Ex:** Listen! The girl (play) ………………………………...the piano.

**3. Be going to + V: sẽ ,dự định**

**\*(V):** S **+ is/am/are + going to + V**

**\* (not V):** S **+ am/is/are + NOT + going to + V**

**\* (V)?:** (What/ How/…) **+ is/am/are +** S **+ going to + V …?**

**Dấu hiệu : tomorrow, next, tonight….**

**Ex:** Phong................................... ( go ) to the movies tomorrow

**III. WRITING:**

**1. should= ought to**

**2. shouldn’t = ought not to**

**1.** You shouldn’t eat much fast food.

🡪You ought not …………………………………………………………….………………

2. You should brush your teeth after meal.

🡪 You ought ………………………………………………………………………….

3.You should eat a lot of fruit every day.

🡪 You ought ………………………………………………...................................................

1. You should eat breakfast every morning.

🡪 You ought ………………………………………………...................................................

5. You shouldn’t drink too much soda.

🡪 You ought ………………………………………………....................................................

6.You ought not to stay up late.

🡪 You should ………………………………………………...................................................

**Tiết 2:**

**Theme 3: HEALTHY LIVING**

Lesson 3: - Compare healthy and unhealthy habits

( So sánh những thói quen tốt cho sức khỏe và không tốt cho sức khỏe )

**I. New words:**

## 1. fit (adj) /fit/: khỏe mạnh, cân đối

## 2. early (adj, adv) /'ə:li/: sớm

## ≠ late (adj, adv) /leit/: muộn

## 3. lifestyle (n) /'laifstail/ : lối sống, cách sống

## 4. fast food (n) /fɑ:st fu:d/: đồ ăn nhanh, thức ăn nhanh

**II. Useful language:**

1.What time does Bill go to bed? ( Bill đi ngủ lúc mấy giờ?)

→He goes to bed at 10 p.m. ( Cậu ấy di ngủ lúc 10 giờ tối)

2. What time does Julie go to bed? ( Julie đi ngủ lúc mấy giờ?)

→ She goes to bed at 11 p.m. ( Cô ấy đi ngủ lúc 11 giờ tối)

3. Who do you think is healthier? ( Bạn nghĩ ai khỏe hơn?)

→ I think Bill is healthier because he goes to bed earlier.

( Tôi nghĩ Bill khỏe hơn bởi vì cậu ấy đi ngủ sớm hơn)

**III. Form: Comparative adjectives (So sánh hơn của tính từ)**

1. **Short Adjectives:**

**………short adj-*er than* …………**

**Ex:** Nga is taller than Lan.

1. **Long Adjectives:**

**…………more + long adj + *than* ………..**

**Ex:** Nga is more beautiful than Lan.

**NOTE:**

|  |  |
| --- | --- |
| **Adj**  **(tính từ)** | **Comparative**  **(So sánh hơn)** |
| good | better |
| bad | worse |
| much/many | more |
| little | less |
| early | earlier than |
| hot | hotter than |

**Tiết 3: PRACTICE**

**I. MULTIPLE CHOICE:**

1. Lisa needs to go to bed......................

A. healthier B. later C. earlier D. fitter

2. Jim is ....................... than Tracy because he does execrise every day.

A. fitter B. fitted C. fit D. fittest

3. Do you believe that eating ........................ carrots helps you see at night.

A. most B. less C. the most D. more

4. What............ does Bill go to bed? – He goes to bed at 10pm.

A. time B. hours C. age D. Day

5. Lisa is very................... She has a lot of energy and always plays sports.

A. healthy B. unhealthy C. bad D. boring

6. You shouldn’t eat…………………… every day.

A. fruit B. fast food C. fish D. potatoes

7. She drinks...................... water every day.

A. any B. lot of C. many D. lots of

8. You should.......................... some rest.

A. have B. take C. get D. eat

9. I should change my ……………………because I’m not very healthy.

A. stomach ache B. good C. lifestyle D. sick

10. You shouldn’t stay up …………….because it isn’t good for your health.

A. early B. late C. fit D. bad

11. You’re …………………….than me becauce you drink lots of water.

A. healthy B. unhealthy C. healthier D. unhealthier

12. I’m …………..than you because I play lots of sports

A. fitter B. fitted C. fit D. fittest

13. Lan has a healthier ……………than Jim because she goes to bed earlier.

A. fovorite B. better C. lifestyle D. the best

14. I think fruit juice is …………… than soda.

A. bad B. good C. best D. better

15. Bill is …………………….than Rosa because he goes to the gym.

A. healthier B. healthy C. healthiest D. unhealthy

**II. VERB FORM:**

1.You should …………………………………….a doctor. (see)

1. What do you like ……………………in your free time? (do)
2. Do you like ……………………badminton? (play)
3. They ought ………………in the river because it is very dangerous. (not swim)
4. You shouldn’t …………………… (stay) up late.
5. Lan can’t ……………… car because she is under 18 years old. (drive)
6. We should …………………… some charity events to help poor children. (hold)
7. Lan wants ……………………….…….. toothbrushes for poor children. (donate)
8. You shouldn’t …………… too much computer games. (play)
9. You ought …………….. more fresh fruit and vegetables (eat)

**III. TENSES:**

* + - 1. Nam and Trang always ……………………. (visit) their grandparents on Sundays.
      2. Hoa……………………. (go) swimming every day.
      3. We ……………………. (watch) a soccer match at the moment.
      4. We often……………………. (play) tennis in the afternoon.
      5. Phong……………………. (watch) TV every night.

6. Hurry up! We ……………………. (wait) for you.

7. Now, she ……………………. (play) the piano in the living room..

1. Nga ……………………. (talk) to her friends now.
2. The children ……………………. (watch) the film at the moment.
3. She……………………. (listen) to music now.
4. Lan and Hoa (read) ………………………………..…in the library at the moment.
5. Nam (go) ………………………………….to English club every Sunday.
6. Hoa (have) ……………………………….….P.E tomorrow.
7. We (not come) …………………………………...here tomorrow morning.
8. Tom often (go)…………………………..…...skateboarding in his free time.
9. They often.................................. ( play ) tennis in the afternoon .
10. She................................... ( not , invite ) all her friends to her party next week .
11. Be careful ! The teacher …………………………..…….(look) at you.
12. They ……………………….(leave) for Dam Sen amusement park next month.
13. At present, Mr. Pike …………………….(write) another book.